

# Guide to the Rosary



**MISIONEROS DE LA DIVINA REDENCIÓN**  
**COLEGIO CAMPESTRE**  
**PADRE ARTURO**  
**NEIVA**

**Use This Basic Rosary Guide  
To Quickly And Easily Learn  
How To Pray The Rosary  
And Usher Peace Into Your Life**

*"In peace in the selfsame I will sleep,  
and I will rest"  
(Psalms 4,9)*

## **Basic Rosary Guide**

1. Make the Sign of the Cross
2. Say the Apostles Creed and Act of contrition
3. Say the Our Father
4. Say three Hail Marys
5. Say the Glory Be
6. Announce the first Mystery and say the Our Father and Mary, Mother of grace
7. Say ten Hail Marys while meditating on the Mystery
8. Say the Glory Be, Sacred heart, Our Lady
9. Say the O My Jesus
10. Announce the second Mystery and say the Our Father and Mary, Mother of grace
11. Say ten Hail Marys while meditating on the Mystery
12. Say the Glory Be, Sacred heart, Our Lady
13. Say the O My Jesus
14. Announce the third Mystery and say the Our Father
15. Say ten Hail Marys while meditating on the Mystery
16. Say the Glory Be, Sacred heart, Our Lady
17. Say the O My Jesus
18. Announce the fourth Mystery and say the Our Father and Mary, Mother of grace
19. Say ten Hail Marys while meditating on the Mystery
20. Say the Glory Be, Sacred heart, Our Lady
21. Say the O My Jesus
22. Announce the fifth Mystery and say the Our Father and Mary, Mother of grace
23. Say ten Hail Marys while meditating on the Mystery
24. Say the Glory Be, Sacred heart, Our Lady
25. Say the O My Jesus
26. Say the Hail Holy Queen
27. Litany of The Blessed Virgin Mary
28. Final prayer

## **PRAYERS FOR PRAYING THE ROSARY**

### **THE SIGN OF THE CROSS**

-By the sign of the Holy Cross † deliver us, Lord †, from our enemies†.

-In the Name of the Father, And the Son †, And the Holy Spirit, Amen.

### **THE APOSTLE'S CREED**

I believe in God, the Father Almighty, Creator of Heaven and earth; and in Jesus Christ, His only Son, Our Lord, Who was conceived by the Holy Ghost, born of the Virgin Mary, suffered under Pontius Pilate, was crucified; died, and was buried. He descended into Hell; the third day He arose again from the dead; He ascended into Heaven, sitteth at the right hand of God, the Father Almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

### **ACT OF CONTRITION**

O my God, I am heartily sorry for having offended Thee, and I detest all my sins because of Thy just punishments, but most of all because they offend Thee, my God, Who art all-good and deserving of all my love. I firmly resolve, with the help of Thy grace, to sin no more and to avoid the near occasions of sin. Amen.

### **OUR FATHER**

Our Father, Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven.

-Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

### **MARY, MOTHER OF GRACE**

Mary, Mother of grace, Mother of mercy,

-Shield me from the enemy and receive me at the hour of my death. Amen.

### **HAIL MARY**

Hail Mary, full of grace. The Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus.

-Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death, Amen.

### **GLORY BE**

Glory be to the Father, and to the Son, and to the Holy Spirit.

-As it was in the beginning, is now, and ever shall be, world without end. Amen.

### **SACRED HEART**

O sacred heart of Jesus,

-I place my trust in thee.

## **OUR LADY**

Our Lady of Consolation from Carpinelo

-Pray for us

## **O MY JESUS**

O my Jesus, forgive us of our sins. Save us from the fires of hell. Lead all souls into heaven, especially those in most need of thy mercy.

## **HAIL HOLY QUEEN**

Hail, holy Queen, Mother of mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve: to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious Advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary!

**Leader:** Pray for us O Holy Mother of God,

**All:** That we may be worthy of the promises of Christ.

## **THE TWENTY MYSTERIES**

Here is a brief listing and description of all twenty Mysteries.

## **THE JOYFUL MYSTERIES**

On Monday and Saturday

☺ ***The first (1<sup>st</sup>) joyful mystery - The Annunciation of the Angel to Mary***

- ☺ **The second (2<sup>nd</sup>) joyful mystery** - *The visitation of Mary to Saint Elizabeth*
- ☺ **The third (3<sup>rd</sup>) joyful mystery** - *The nativity of Jesus in Bethlehem*
- ☺ **The fourth (4<sup>th</sup>) joyful mystery** - *The presentation of Jesus to the Temple*
- ☺ **The fifth (5<sup>th</sup>) joyful mystery** - *The finding of Jesus in the Temple*

## **THE LUMINOUS MYSTERIES (THE MYSTERIES OF LIGHT)**

On Thursday

- 💡 **1<sup>st</sup> light mystery** - *The Baptism of Jesus*
- 💡 **2<sup>nd</sup> light mystery** - *The wedding of Cana*
- 💡 **3<sup>rd</sup> light mystery** - *The proclamation of the Kingdom of God*
- 💡 **4<sup>th</sup> light mystery** - *The Transfiguration*
- 💡 **5<sup>th</sup> light mystery** - *The institution of the Eucharist*

## **THE SORROWFUL MYSTERIES**

On Tuesday and Friday

- ✝ **1<sup>st</sup> sorrowful mystery** - *The Agony of Jesus in the garden*
- ✝ **2<sup>nd</sup> sorrowful mystery** - *The scourging of Jesus at the pillar*
- ✝ **3<sup>rd</sup> sorrowful mystery** - *The Crowning with Thorns*
- ✝ **4<sup>th</sup> sorrowful mystery** - *The Carrying of the Cross*

- ✝ **5<sup>th</sup> sorrowful mystery** - *The crucifixion and death of Jesus*

## THE GLORIOUS MYSTERIES

On Wednesday and Sunday

- ⚙ **1<sup>st</sup> glorious mystery** - *The Resurrection of Jesus Christ*
- ⚙ **2<sup>nd</sup> glorious mystery** - *The Ascension of Jesus to Heaven*
- ⚙ **3<sup>rd</sup> glorious mystery** - *The Descent of the Holy Spirit*
- ⚙ **4<sup>th</sup> glorious mystery** - *The Assumption of the Blessed Virgin Mary into Heaven*
- ⚙ **5<sup>th</sup> glorious mystery** - *The Coronation of the Blessed Virgin Mary, Queen of Heaven and Earth*

## LITANY OF THE BLESSED VIRGIN MARY

Lord, have mercy.

Christ, have mercy.

Lord, have mercy.

God our Father in  
heaven

God the Son,  
Redeemer of the world

God the Holy Spirit  
Holy Trinity, one God

Holy Mary

Lord, have mercy.

Christ, have mercy.

Lord, have mercy.

Have mercy on us.

Have mercy on us.

Have mercy on us.

Have mercy on us.

Pray for us.



Holy Mother of God	Pray for us.
Most honored of Virgins	Pray for us.
Mother of Christ	Pray for us.
Mother of the Church	Pray for us.
Mother of divine grace	Pray for us.
Mother most pure	Pray for us.
Mother of chaste love	Pray for us.
Mother and virgin	Pray for us.
Sinless Mother	Pray for us.
Dearest of mothers	Pray for us.
Model of motherhood	Pray for us.
Mother of good counsel	Pray for us.
Mother of our Creator	Pray for us.
Mother of our Savior	Pray for us.
Virgin most wise	Pray for us.
Virgin rightly praised	Pray for us.
Virgin rightly renowned	Pray for us.
Virgin most powerful	Pray for us.
Virgin gentle in mercy	Pray for us.
Faithful Virgin	Pray for us.
Mirror of Justice	Pray for us.
Throne of Wisdom	Pray for us.
Cause of our Joy	Pray for us.
Shrine of the Spirit	Pray for us.
Glory of Israel	Pray for us.
Vessel of selfless	

devotion	Pray for us.
Mystical Rose	Pray for us.
Tower of David	Pray for us.
Tower of Ivory	Pray for us.
House of Gold	Pray for us.
Ark of the Covenant	Pray for us.
Gate of Heaven	Pray for us.
Morning Star	Pray for us.
Health of the sick	Pray for us.
Refuge of sinners	Pray for us.
Comfort of the troubled	Pray for us.
Help of Christians	Pray for us.
Queen of angels	Pray for us.
Queen of patriarchs and prophets	Pray for us.
Queen of apostles and martyrs	Pray for us.
Queen of confessors and virgins	Pray for us.
Queen of all saints	Pray for us.
Queen conceived without original sin	Pray for us.
Queen assumed into heaven	Pray for us.
Queen of the rosary	Pray for us.
Queen of families	Pray for us.
Queen of peace	Pray for us.
-Lamb of God, you take away the sins of	

the world,	Have mercy on us.
-Lamb of God, you take away the sins of the world,	Have mercy on us.
-Lamb of God, you take away the sins of the world,	Have mercy on us.
-Pray for us, holy Mother of God	That we may be worthy of the promises of Christ.

### **FINAL PRAYER**

**Leader:** Let us pray.

**All:** O God whose only begotten Son by his life, death, and Resurrection has purchased for us the rewards of eternal life; grant we beseech thee, that meditating on these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise through the same Christ our Lord. Amen.

<http://www.how-to-pray-the-rosary-everyday.com/rosary-guide.html>

